



St Cecilia's
CHURCH OF ENGLAND PRIMARY SCHOOL

Whole School Overview



Physical Education

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Nursery	Ball skills 1	Fundamentals 1	Gymnastics 1	Dance 1	Games 1	Athletics
Reception	Ball Skills 2	Fundamentals 2	Gymnastics 2	Dance 2	Games 2	Athletics
Year 1	Ball Skills Team building	Gymnastics Fundamentals	Sending and receiving Dance	Invasion games Target Games	Net and wall games Fitness	Striking and fielding Athletics
Year 2	Ball Skills Team Building	Gymnastics Fundamentals	Sending and receiving Dance	Invasion games Target Games	Net and wall games Fitness	Striking and fielding Athletics
Year 3	Football Fitness	Tag Rugby Gymnastics	Hockey Swimming	Netball Swimming	Tennis Athletics	Cricket Golf
Year 4	Football Fitness	Tag Rugby Gymnastics	Hockey Swimming	Netball Swimming	Tennis Athletics	Cricket Golf
Year 5	Football Fitness	Tag Rugby Gymnastics	Netball Dance	Hockey OAA	Cricket Swimming	Athletics Swimming
Year 6	Football Fitness	Tag Rugby Gymnastics	Netball Dance	Hockey Dance/ Yoga	Cricket Athletics	Rounders Tennis